



## HFTT - Targets

S1 & S2

- 🌿 I will work hygienically
- 🌿 I will work in a safe manner
- 🌿 I will follow my recipe
- 🌿 I will follow instructions-verbal, written or practical
- 🌿 I will listen to instructions during practical and theory lessons
- 🌿 I will pay attention at all times
- 🌿 I will practice cooking at home if possible
- 🌿 I will help out at home with food preparations
- 🌿 I will try to follow a healthy lifestyle in terms of food choice, cooking methods etc.
- 🌿 I should consider the safety of others while working in a practical setting
- 🌿 I will complete my homework on time
- 🌿 I will bring necessary ingredients for practical classes
- 🌿 I will bring necessary equipment to class
- 🌿 I will contribute in group work
- 🌿 I will give my opinions and take part in discussions

S3

As above but also:

- 🌿 I will revise regularly so I am prepared for assessments
- 🌿 I will be familiar with the unit assessment for my course
- 🌿 I will be up to date with all my classwork
- 🌿 I will practice challenging recipes at home in order to develop my practical skills